



# First Choice by Select Health Mobile App



## Download our mobile app today!

The First Choice<sup>SM</sup> by Select Health mobile app helps keep you up to date on your health care information.

### Have you ever...

- Arrived at your health care provider's office without your ID card?
- Had to select a new primary care provider (PCP) or specialist?
- Been lost on your way to an appointment?
- Been asked for a list of your medicines during a visit with your PCP?
- Wanted to call First Choice but could not find our phone number?

The First Choice mobile app can help! The app is available for iPhone and Android smartphones. To get the mobile app, visit the Google<sup>TM</sup> Play or Apple App<sup>®</sup> Store. Search for **FCSH Mobile** to find the correct app quickly.

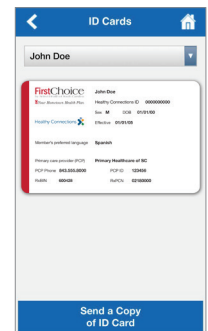
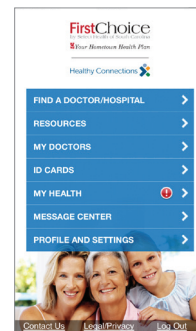
**For more information, please call First Choice's Member Services department at 1-888-276-2020 (TTY 1-888-765-9586).**

This app is also available in Spanish.  
Esta aplicación es también disponible en español.

**The First Choice mobile app is available at no cost!\***



Scan code to download the app.



**f Follow us**  
**@firstchoicebyselecthealth**

**FirstChoice**  
by Select Health of South Carolina  
**Your Hometown Health Plan**

Healthy Connections

\* Standard messaging and data fees may apply.

## Notice of Non-Discrimination

First Choice by Select Health of South Carolina complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. First Choice does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

First Choice provides free aids and services to people with disabilities, such as qualified sign language interpreters and written information in other formats (large print, Braille, audio, accessible electronic formats, other formats). We provide free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact First Choice at **1-888-276-2020** (TTY **1-888-765-9586**). We are available Monday – Friday (8 a.m. – 9 p.m.) and Saturday – Sunday (8 a.m. – 6 p.m.).

If you believe that First Choice has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

- Grievance Supervisor First Choice Member Services  
P.O. Box 40849, Charleston, SC 29423-0849  
**1-888-276-2020** (TDD/TTY **1-888-765-9586**)  
Fax: **1-800-575-0419**
- You can file a grievance by mail, fax, or phone. If you need help filing a grievance, First Choice Member Services is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
**1-800-368-1019** (TDD: **1-800-537-7697**)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

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**FirstChoice**  
by Select Health of South Carolina  
**Your Hometown Health Plan**

[www.selecthealthofsc.com](http://www.selecthealthofsc.com)

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Healthy Connections 

Language services

**English:** If your primary language is not English, language assistance services are available to you, free of charge. Call: **1-888-276-2020** (TTY: **1-888-765-9586**).

**Spanish:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-888-276-2020** (TTY: **1-888-765-9586**).

**Arabic:**

إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-888-276-2020** (رقم هاتف الصم والبكم: **1-888-765-9586**).

**Portuguese:** Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-888-276-2020** (TTY: **1-888-765-9586**).

**Russian:** Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-888-276-2020** (TTY: **1-888-765-9586**).

**Vietnamese:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-888-276-2020** (TTY: **1-888-765-9586**).

**Brazilian Portuguese:** Se você fala português do Brasil, os serviços de assistência em sua língua estão disponíveis para você de forma gratuita. Chame **1-888-276-2020** (TTY : **1-888-765-9586**).

**Chinese:** 如果您說中文，您可以免費獲得語言援助服務。請致電 **1-888-276-2020** (TTY: **1-888-765-9586**)。

**Falam:** Falam tawng thiam tu na si le tawng let nak asi mi **1-888-276-2020** (TTY: **1-888-765-9586**) ah tang ka pek tul lo in na ko thei.

**Hindi:** यदि आप हिंदी बोलते हैं, तो आपके लिए मुफ्त भाषा सहायता सेवाएँ उपलब्ध हैं। काल करें: **1-888-276-2020** (TTY: **1-888-765-9586**)।

**Korean:** 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-888-276-2020** (TTY: **1-888-765-9586**)번으로 전화해 주십시오.

**Chin:** Hakha holh a hmanhmi na si ahcun man lo in holh leh piaknak lei bawmchanh khawh na si. Auh khawhnak: **1-888-276-2020** (TTY: **1-888-765-9586**).

**French:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-888-276-2020** (ATS : **1-888-765-9586**).

**Karen:**

နမ့်ကတိ ကညိ ကျိအယိ, နမန့် ကျိအတိမတလ လာ တလကတိလကတိနီတမံ ဘဉ်သုနနီလိ. ကိ: **1-888-276-2020** (TTY: **1-888-765-9586**).

**Amharic:** ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም አርዳታ ድርጅቶች በነጻ ሊያግዝዎት ተዘጋጅተዋል: ወደ ማከተለው ቁጥር ይደውሉ **1-888-276-2020** (መስማት ለተሳናቸው: **1-888-765-9586**)::

**Burmese:** အကယ်၍ သင်သည်မြန်မာစကား ကို ပြောပါက ဘာသာစကား အကူအညီ၊ အခမဲ့၊ သင့် ငွေအတွက် စီစဉ်ဆောင်ရွက်ပေးပါမည်။ ဖုန်းနံပါတ် **1-888-276-2020** (TTY: **1-888-765-9586**) သို့ ခေါ်ဆိုပါ။